

Mulhacen

3482m

Climb Mulhacen in the Sierra Nevada, highest mountain in mainland Spain

 Guided day or multi day ascents of Mulhacen, year-round. Trek it, ski it or sleep on it!



“Just wanted to say thanks for a brilliant holiday experience climbing Mulhacen. Fantastic guides and we really enjoyed the company and felt very safe at all times whilst doing the climb. It was lovely to meet you all as well”

Lawrence and Sam Bradley



Climb Mulhacen

Mulhacen, the highest peak in western Europe outside the Alps. We offer year round ascents in both winter and summer condition on demand. Also available are winter ascents on skis or snowshoes (when conditions permit) or summer night ascents to see the sunrise.

Mulhacen rises to 3482m making it the highest peak in the Iberian Peninsula and continental Spain. It is part of the Sierra Nevada range in the Cordillera Penibetica and also the highest peak in Europe outside the Alps and the Caucasus Mountains, and the third most topographically prominent peak in Western Europe, after Mont Blanc and Mount Etna.

Its name comes from the Spanish transcription of Muley Abul Hassan, the penultimate Muslim King of Granada in the 15th century.

N.B We use the most experienced english speaking guides around our guides have completed over 600 ascents of the mountain! (September 2019)



Summer Guided Ascents

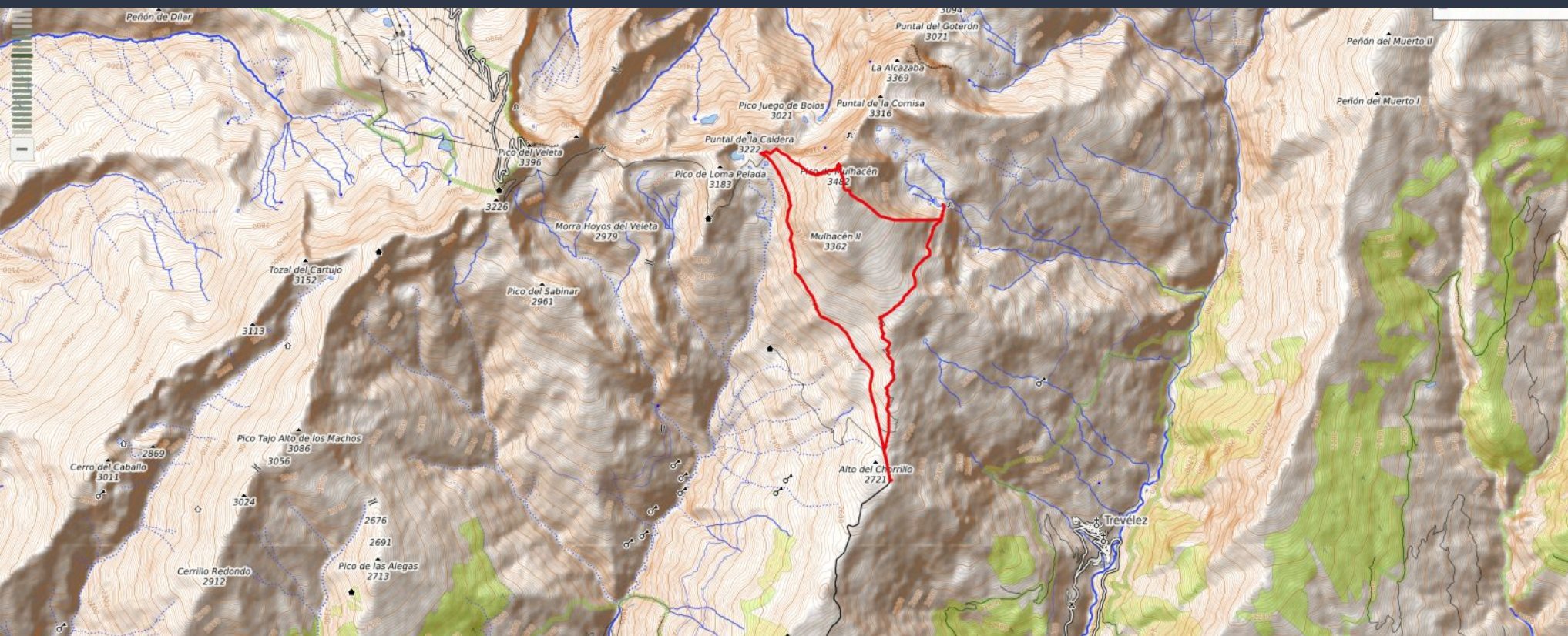
1 day ascent Itinerary

Circular

Distance 15km

Ascent 977m

[CLICK MAP FOR FULL PROFILE](#)



When: between mid May and mid October, scheduled day ascents on demand (using National Park bus)

Description

Meet in Lanjaron at 7:30am or Capileira at 8:15 and catch the 8:30 National Park bus (€13 extra) to Mirador de Trevelez. A 6 hour walk taking in the west ridge of the mountain and either descending the south ridge or (if time allows) we can visit the lakes at Siete Lagunas.

A superb day trip which gains not only the highest peak in mainland Spain (3482m) but also the most beautiful lakeside location in the range at Siete Lagunas.

Spectacular views of the N faces!

Winter Guided Ascents

2 day ascent Itinerary

Circular

Distance 21km

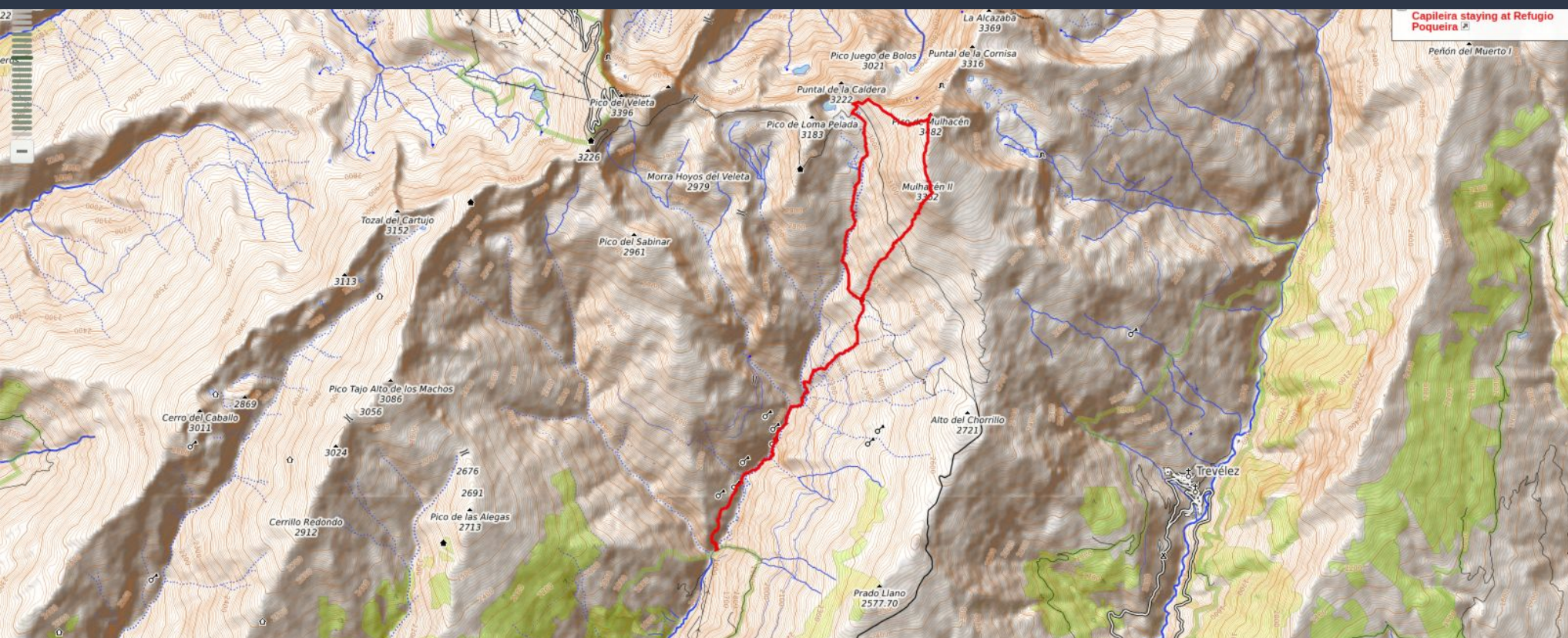
Ascent 1984m

When: normally from beginning of December until end April inclusive

Description

- We use the same itinerary (as summer) but snow conditions may mean differing access points for the Refugio Poqueira.
- We provide all technical requirements such as ice axe, crampons and sometimes even snowshoes.
- Basic instruction in their use will be given if necessary.
- We shall advise you beforehand of the clothing and equipment requirements
- Minimum number 2 persons

CLICK MAP FOR FULL PROFILE



Spring/Autumn Ascents

2 day ascent Itinerary

Circular

Distance 15km

Ascent 977m

Mulhacen Spring Ascent



When: normally May, June, October & November

Description

- Day 1 - am. Meet at Lanjaron or the trailhead at Capileira (1600m).
- Ascend to Refugio Poqueira (2500m) 4 hours via the Barranco de Poqueira (900m ascent). Stay the night at the hut. The Poqueira Hut is a guarded refuge and has beds, blankets, meals and wine. A great place to spend the night before ascending the peak.
- Day 2 - via the Rio Mulhacen to the Col del Ciervo and a superb view over the magnificent north face. West flank to the summit. Return via south ridge to refugio. Continue back to waiting transport. 1000m ascent and 4 hours from hut to summit. Return to transport 5hrs.

Night on the Summit!

2 day wild camping, sleeping on the summit

Sleep on the Rooftop of Mainland Spain!



When: May to October inclusive

Description

We are the first and only company to offer the unique experience of a night ascent of the peak, arriving at the summit as dawn breaks. A truly wonderful experience that can be enjoyed during the summer months, weather permitting.

To see what we mean read the following reports

- [A night at the Mulhacen Hilton](#)
- [Sunset and sunrise from the roof of Spain](#)
- [A night ascent of Spain's highest mountain](#)
- [Brilliant sunrise following a night ascent](#)

Charity Challenges

2 days, year round, staying overnight at the Refugio Poquiera

Reaching the summit! EDM Challenge Shooting Stars



When: Year round

Description

Looking for a charity fundraising challenge? Something different? Is climbing the biggest peak in Spain tough enough?

2 days year round staying overnight at the Refugio Poqueira.

Group discounts and Charity discounts available.

Read more about [Charity Challenges in the Sierra Nevada](#)

Want to ski it?

Note. It goes without saying that on every ski tour axe, crampons and helmet should be carried and used if necessary! If you are planning your own trip to the Sierras then please contact us at Spanish Highs Mountain Guides. We can advise on current mountain and snow conditions, access points, route choice and even provide gear and equipment hire.

Ski down Spain's highest!



When: From December to May - conditions allowing!

Description

As can be seen from our trail map, there are options for all grades of skier. Easier ways for the beginner or for marginal snow conditions, and tougher runs for the more experienced on good days. Most 2 day ski tours will overnight either at the Refugio de Poqueira (guarded), or the Caldera refugio (unguarded), or even wild camp at Siete Lagunas. Read detailed descriptions about the [Backcountry Skiing Descents](#)

Descents are the interesting part of any ski tour. Will it be a headlong, exhilarating dash down the mountainside on perfect snow or will we be getting exasperated with the changing crud, ice, breakable crust and slush?

Prices & Further Info

from €65 per person per day for a group of 4

The Refugio Poqueira is a superb guarded hut sleeping 84 situated on a shelf at 2500m above the Poquiera gorge. It is more of a hostel providing food and drink and beds and blankets in dormitory accommodation. [More details about the refugio](#)

Approaching the refuge



Price includes: guiding and local transportation (Pick up/drop off in Lanjaron, or Capileira)

Price excludes (if used): summer bus (€13/person), night in Refugio Poqueira (€17/person - €11 with reciprocal rights alpine card), food (buy at refuge or self-cook in refuge kitchen)

Definition of "Group" - if you are booking a trip for 2 persons the 2 person rate applies, 3 persons - 3 person rate etc (not dependent on eventual total group size!).

[Book Here](#)

Accommodation Choices

Choose between two quality hotels in Lanjaron that offers the opportunity to stay in natural surroundings and with everything you need to make your stay unforgettable. Quality centre located hotels with great facilities. Warm and inviting rooms that allow you to make your stay as comfortable and convenient as possible.

All rooms are equipped with safe, cable television, clock radio, coffee kit, hair dryer, refrigerator and phone. The hotels have a wide variety of facilities such as restaurant, library, TV lounge, meeting room. WiFi throughout.

Hotel España



Hotel Alcadima



The Town of Lanjaron - An Introduction

The town is very friendly, very spanish, and not as "touristy" as some of the other Alpujarras towns. The World Health Organization has recognized Lanjaron as one of the places with the greatest longevity on the planet. It is indeed the quality of its waters - together with the climate, the pure mountain air and the Mediterranean diet - that allows many of its citizens to live more than one hundred years.

The Lanjaron Festival of Water and Ham

Since 1980, Lanjaron has celebrated Midsummer's Eve in honour of San Juan Bautista (John the Baptist) with its Fiesta del Agua y del Jamon (Water and Ham Festival), although the ham aspect has been overshadowed over the years by the liquid element. At the stroke of midnight on 23 June, the small mountain village erupts into the greatest water fight in Spain, and maybe even the world.

The Moorish Castle of Lanjaron

Only its ruins remain over a rocky promontory near to the town. It is located about 600 meters of altitude. Its location was superb, because it dominated, on one hand, the access road to the Alpujarra and, on the other, the one that communicated Granada with the Coast.

Eat and Drink

Lanjaron is well supplied with small supermarkets and shops for all your "mountain needs". There are 3 banks with ATM's.

Bars:

Bar Los Faroles - Family run business good for breakfasts and lunches

Bistro 31 - More of a "Bistro" restaurant with great food including veggie options

Restaurante Asador Parque - A grill restaurant with veggie options

Gonzales Bodega - Good wine and tapas. Watch Real Madrid here at the weekends

Casita de Papel - Eat on the terrace outside, in the bar, or in the small formal dining

Buy the Guide Book "Walking and Trekking in the Sierra Nevada"

Features

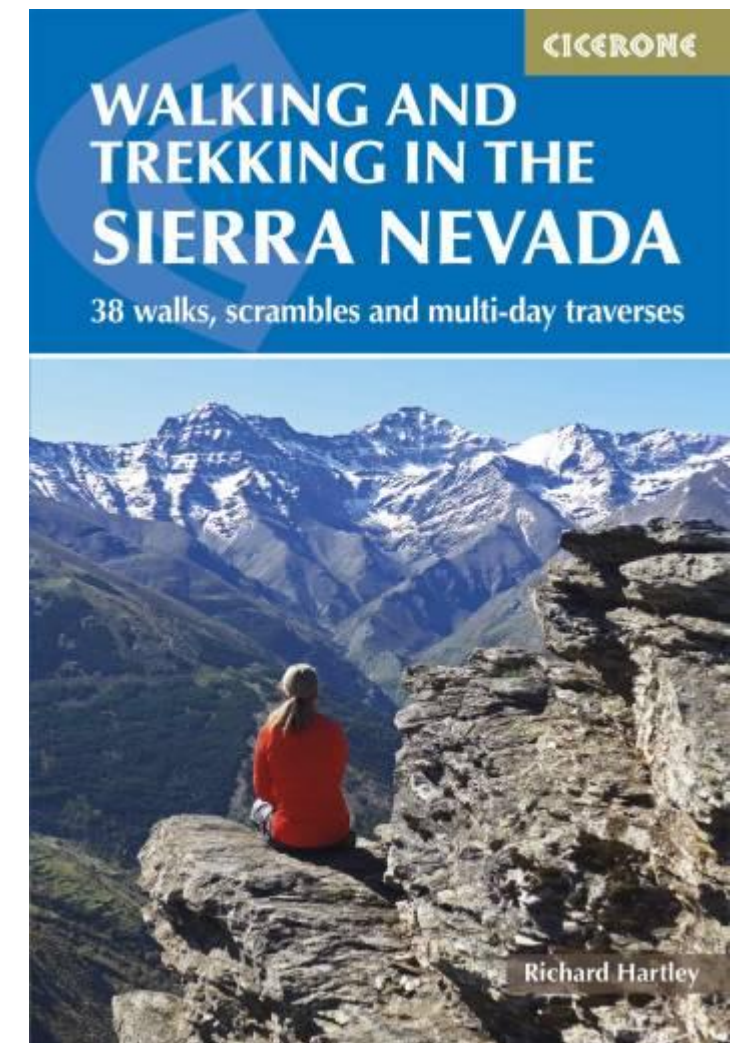
- year round half to full day walks & multi-day treks
- 33 routes including mainland Spain's highest summit
- 5 high mountain scrambles
- includes 8 gentler walks in the lower hills of the Cumbres Verdes near Granada
- includes white villages of Trevélez, Lanjarón and Capileira
- showcases the Sierra Nevada's most dramatic scenery
- includes 'Los Tres Picos', 'Los Tres Miles' Integral & overview of Sulayr GR240
- advice on transport, local bases, safety, tick-list of 3000m peaks & Spanish-English glossary

Written by Richard Hartley of Spanish Highs. Published 15 November 2017 by Cicerone Press

[Buy Direct from Cicerone](#)

Signed copies are available for clients of Spanish Highs or for the self guided arriving in Lanjarón.

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The Company

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KNOWLEDGEBASE - Mountain database, refuges, altitude sickness, avalanche dangers, equipment lists, gear rental, FAQs etc

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