Walking over Lemons with Chris Stewart at Casa Ana
PROGRAMME ONE

A week of walks with a day visiting the historic city of Granada

DAILY ITINERARY

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Day One: Saturday: Arrival day
7.15 pm   Welcome drinks
8.00 pm   Dinner at Casa Ana

Day Two: Sunday: Exploring the Villages of the Taha
9.00 am   Breakfast
10.00 am   Depart for walk:
                Ferreirola – Portugos – Pitres – Mecina – Fondales –
                Ferreirola
                Lunch at local bar
8.00 pm   Dinner at local restaurant

Day Three: Monday: Into the Poqueira Valley
8.30 am   Breakfast
9.30 am   Walk to the Poqueira: **14km/8.5mi/6hr**
                Ferreirola – Pitres – GR7 to Capileira. Lunch at local
                restaurant. Then to Bubion, ends at Pampaneira.
5.00 pm   Transport from Pampaneira to Casa Ana
8.00 pm   Dinner at Casa Ana

Day Four: Tuesday: A day in the Moorish city of Granada
7.00 am   Breakfast
8.00 am   Transport to Granada
                Morning walk with Chris Stewart and guide Rafa Anderson,
                lunch at a Granada restaurant
5.00 pm   Transport from Granada to Casa Ana
8.00 pm   Supper at Casa Ana

Day Five: Wednesday: Following the Medieval Way to Castares and Notaes

8.30 am	Breakfast
9.30 am	Walk from Casa Ana: **20km/12 mi/6hr (nb. can be shortened if required)**
	Lunch in local bar
5.00 pm	Transport from Notaes to Casa Ana
8.00 pm	Dinner at Casa Ana

Day Six: Thursday: Walk to Chris Stewart's farm El Valero

9.00 am	Breakfast
10.00 am	Walk to El Valero: **12km/7.5mi/3.45hr**
	Walk to El Valero, lunch at the farm
5.30 pm	Transport back to Casa Ana
8.00 pm	supper at Casa Ana

Day Seven: Friday. Sierra Nevada mountain walk

8.30 am	Breakfast
9.30 am	Transport to mountain hiking trail above Capileira. Exploring the high mountains: **20k (14k)/8.4mi/7hrs (nb. can be shortened if required)**
	Starting above Capileira, following the acequia to Las Tomas, down to the river, back to Capileira or end the walk at La Cebadilla
	Picnic lunch
5.00 pm	Transport back to Casa Ana
8.00 pm	Dinner at Casa Ana

Day Eight: Saturday. Departure day

8.30 am*	Breakfast then departures

***Breakfast time to be confirmed, depends upon guests' flight times**